

Black Mountain Products Lifting Straps

Instructions

Take the lifting strap and lay it out with the logo side down. Thread the end with no loop through the looped end of the strap and pull to create a large loop. Place hand through the loop that you created and pull tight. The logo side of the strap with the neoprene padding should be on the back of your wrist if your palms are facing up. Repeat this process with the other strap for the other wrist.

Warnings:

1. Always consult your physician before beginning any regular exercise program.
2. Examine your straps before every use; if any fraying, tears or other weak spots are found do not use and contact B.M.P
3. Only use as intended. Black Mountain Products assumes no responsibility for misuse of the product.
4. Never wrap lifting straps around any body part other than your wrists.

WARRANTY:

1. All lifting straps are warrantied for life (shipping and handling charges may apply.)
2. Inform Black Mountain Products ® by telephone or e-mail if there is any missing, damaged, or defective products.
3. Warranty does not cover any incidental damage.
4. Void, where limited or prohibited by law.
5. B.M.P. ® reserves the right to alter the warranty at any time.

Warranty:

Black Mountain Products

Warranty@BlackMountainProducts.com

Telephone: (224) 655-5955 Office Hours: 8-4pm, CST

